

For Immediate Release
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Parent Project Classes to Begin in February

If there ever were to be a manual or a class for parenting a strong-willed adolescent, the Parent Project could be it. The Clay Counts Coalition, USD 379, and Clay County Community Corrections are partnering to deliver the third round of Parent Project classes for parents in Clay County and surrounding areas. The classes are funded through a drug and alcohol prevention grant and will be offered FREE to all participants.

This 10-week program addresses critical issues parents face today and offers concrete, step-by-step solutions, not theory. Some of the critical issues addressed include: arguing and family conflict, poor school performance, dealing with truancy and the child that wants to drop out of school, media influences, early teen sexuality, teen violence and bullying, and runaways.

The curriculum is designed for parents raising strong-willed children, 12-17 year old. The course is fun, practical, and provides concrete, no-nonsense solutions to even the most destructive of adolescent behaviors. More importantly, the parents will build a support network with others who may be feeling the same loss of control and authority in their household.

The next session will begin via Zoom the week of February 1st. The program takes place one night per week from 6:00-9:00pm, parents can choose to meet with the Monday night group or the Wednesday night group. Weekly attendance is required as it is a building curriculum where skills are strengthened week to week.

For more information or to register, contact Kristin Wright at kristinwright@usd379.org or Megan Lewis mlewis@rileycountyks.gov. For additional information on The Parent Project, please visit <https://parentproject.com/>.

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